

# THE LACROSSE PROGRAM **POWER**

IMAGINE WAKING UP, BEING EXCITED TO GO TO SCHOOL, FOCUSING ON YOUR ACADEMICS FOR HALF OF THE DAY, KNOWING YOU CAN DEVOTE THE OTHER HALF TO YOUR ATHLETICS.

## DID YOU KNOW?

LACROSSE IS CANADA'S NATIONAL SUMMER SPORT.

THERE ARE AN ESTIMATED 225 CANADIANS CURRENTLY PLAYING FIELD LACROSSE IN THE NCAA.

EACH STUDENT ATHLETE AT THE LACROSSE PROGRAM WILL RECEIVE 200 HOURS OF DIRECT LACROSSE INSTRUCTION OVER THE SCHOOL YEAR.

OUR STAFF HAVE EXTENSIVE EXPERIENCE IN BOTH BOX AND FIELD LACROSSE, INCLUDING NATIONAL AND PROFESSIONAL CHAMPIONSHIPS.



AT THE LACROSSE PROGRAM, OUR MISSION IS PROVIDE A TRAINING GROUND TO DEVELOP PLAYERS INTO CANADA'S BEST AND BRIGHTEST LACROSSE PLAYERS. RECRUITMENT IS BASED ON ACADEMICS AND ATHLETICS, SO OUR PROGRAM FOCUSES ON BUILDING THE BEST STUDENT ATHLETES IN CANADA.



WANT TO EXPERIENCE LIFE AT THE LACROSSE PROGRAM?  
SIGN UP FOR A SHADOW DAY AT VIMY RIDGE ACADEMY

VIMY RIDGE ACADEMY (GRADES 7-12)  
PAUL RAI (780)465-5461 EXT.185  
PAUL.RAI@EPSB.CA

**REGISTER NOW AT [SECURE.AADIE.CA](https://secure.aadie.ca)**